



The Walking Guide in English

The main attraction at The Heathland Centre is the landscape itself. To fully make use of this, it is important to go on a walk. Only through this can you experience the unique features of The Heathland Centre ; an area used for traditional agriculture, whilst also idea for nature experiences, cultural understanding, research and education.

To make it simpler to go for walks, about 4km of paths have been made. This leaflet provided information on what you can experience if you follow the path on the outer loop, which is about 2km long. It passes through the outfields of the five farms of Outer Lygra. Here can you experience the timeless coastal landscape with birdsong, the lapping of the waves, the scent of the heather, and if you are lucky, ruin into the wild sheep that graze the land all-year-round.

More information on this can be found in the Visitors Centre.

The absence of forest may be unfamiliar. Perhaps you find it meagre and windswept. But this landscape is part of the coast's cultural heritage, and illustrates earlier generation's way of life. Today, our life-style is different, and open landscapes such as these are disappearing. The Heathland Centre will become rarer as this tendency continues.

Here, future generations can experience the traditional coastal landscapes and gain knowledge on past generations's usage of resources. At the same time, traditionally run landscape types, together with the original livestock that belong to it, it is a living genebank for the development of future food production.